



May 15, 2013  
9 a.m. – 12 p.m.

Montgomery County Health Department  
3060 Mobile Highway

**Auditorium, Second Floor**

**9:00 a.m. .... Registration/Networking**

**9:05 a.m. .... Call to Order**  
Dr. Evelyn Crayton  
Chair, Alabama Diabetes Network  
Auburn University

- **Introductions:**
- **Approval of Minutes**
- **Updates:**  
 Jim McVay, Dr. P.A., Director, Bureau of Health Promotion and Chronic Disease  
 James K. Reid, R.N., B.S.N., M.S., Director, Chronic Disease Programs Branch  
 Lamont Pack, P.A., M.P.A., Director, Diabetes Prevention and Control Unit  
 Evelyn Crayton, Ed.D., R.D. L.D., Professor, Nutrition, Dietetics, and Hospitality Management,  
 Auburn University

**9:20 a.m. – 9:40 a.m. .... The Affordable Care Act-An Update**  
Paul McWhorter  
Alabama Medicaid Agency

**9:40 a.m. – 10:00 a.m. .... Meal Planning and Physical Activity “Have it Your Way”**  
Kimberly-Jo Kays Ingram, Pharm.D  
Health Education Professional, US Medical Division  
Lilly USA, LLC

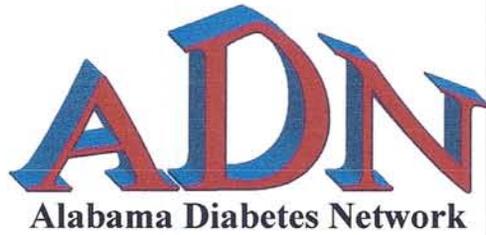
**10:00 a.m. – 11:05 a.m. .... Diabetes Today Sites Year End Reports**  
Dallas, Houston, Jefferson, Macon, Mobile, Perry, Russell Counties

**11:05 a.m. – 11:15 a.m. .... Diabetes Self-Management Education in Tuskegee, Alabama**  
Kathe Briggs, MS, CES, FAACVPR  
Director, Health Promotion and Disease Management  
East Alabama Medical Center

**11:15 a.m. – 11:30 a.m. .... The Tuskegee Project-Chronic Disease Self-Management**  
Melanie Rightmyer, DNP, RN  
Director, Cardiovascular Health Unit

**11:30 a.m. .... HealthTeacher.Com**  
Shay Lewis  
Health Education Coordinator  
HealthTeacher

**Noon. .... Adjourn**  
**Thank you Montgomery County Health Department**



## SAVE THE DATE

*Alabama Diabetes Network Meeting*

*May 15, 2013*

*9 a.m. – 12 p.m.*

*Montgomery County Health Department*

*3060 Mobile Highway*

*Montgomery, AL*

*Note: Please find attached:*

- (1) Agenda*
- (2) Directions to Montgomery meeting*
- (3) Minutes from January 16, 2013 meeting*
- (4) Scheduled Meetings*
  - a. September 18, 2013*
  - b. January 15, 2014*
  - c. May 21, 2014*



**Directions to the Montgomery County  
Health Department  
3060 Mobile Hwy  
Montgomery, AL 36108  
334-293-6400**

**From I-65:**

Take exit #170/Fairview Avenue onto West Fairview Avenue – go 1.1 miles.  
Turn right onto Fairview Avenue  
Fairview Avenue turns into Mobile Hwy – 0.2 miles.  
The County Health Department will be on your right.  
The meeting is in the auditorium on the second floor.

**From I-85:**

Take the I-65 South exit toward Mobile – go 0.9 miles.  
Take exit #170/Fairview Avenue onto West Fairview Avenue – go 1.1 miles.  
Turn right onto Fairview Avenue  
Fairview Avenue turns into Mobile Hwy – 0.2 miles.  
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